



CHILDREN'S ADVOCACY CENTER
of Hampshire County

Abuse Prevention Book List

* These books can be ordered through High Five Books

Books in Purple are focused on prevention

Books in Blue involve an assault/harassment/abuse, and talk about healing after experiencing abuse

- Body Safety Education by Jayneen Sanders

Preschool:

- Will Ladybug Hug? By Hilary Leung*
- This Is My Body; I Get To Choose by Brooks Sitgraves Turner*
- C is for Consent by Eleanor Morrison

Kindergarten/1st Grade:

- Little Big Chats by Jayneen Sanders
 - Consent
 - My Safety Network
 - My Early Warning Signs
 - Private Parts are Private (Uses correct names for private parts)
 - Secrets and Surprises
- Where Hands Go: An Introduction to Safe and Unsafe Touch By Krystalynne Sanders Diggs
- Where Hands Go: Body Safety Rules (Book 2) By Krystalynne Sanders Diggs
- Where Hands Go: The Power of No By Krystalynne Sanders Diggs
- The ABC's of Consent By Krystalynne Sanders Diggs
- Don't Hug the Quokka by Daniel Errico*
- Rissy No Kissies by Katey Howes*

- Body Boundaries Make Me Stronger by Elizabeth Cole
- Don't Hug Doug: (He Doesn't Like It) by Carrie Finison and Daniel Wiseman*
- Yes Means Yes: A Kid's Book about Consent, Boundaries, & Listening to Your Body by Elaine Tai and Kai Kwong*
- Yes! No! By Megan Madison, Jessica Ralli, & Isabel Roxas*
- We Can Say No by Lydia Bowers
- We Are In Charge of Our Bodies by Lydia Bowers (Uses correct names for private parts)

2nd/3rd Grade

- Let's Talk About Body Boundaries, Consent and Respect by Jayneen Sanders
- No Means No! By Jayneen Sanders
- My Body! What I Say Goes! 2nd Edition By Jayneen Sanders
- My Body! What I Say Goes! Workbook
- ABC of Body Safety by Jayneen Sanders
- Some Secrets Should Never Be Kept by Jayneen Sanders
- Body Boundaries Make Me Stronger by Elizabeth Cole
- Want a Hug?: Consent and Boundaries for Kids by Christine Babinec and Vivian Mineker*
- Healing Days: A Guide For Kids Who Have Experienced Trauma by Susan Farber Straus, PhD

4th/5th Grade:

- Consent (for Kids!): Boundaries, Respect, and Being in Charge of You by Rachel Brian*
- A Kids Book About Consent by Karli Johnson*
- That's What Friends Do by Cathleen Barnhart* (novel about a girl trying to find her way through puberty and her friendship with boys, who are also trying to figure out their role and how to explain their feelings. Inappropriate touching, but no rape in this one.)
- When You Know What I Know by Sonja Solter* (written in verse, a child's aftermath of being molested by her uncle. No details of the assault are shared.)
- What Happened to Rachel Riley by Claire Swinarski* (Middle school aged girl is sexually assaulted by peers (touching her butt and trying to force her to kiss), and then ousted by friends.)
- Chirp by Kate Messner* (A girl tries to figure out an experience that she had with a gymnastics coach that made her uncomfortable and could have led to further assault.)

Middle School:

- [Can We Talk About Consent? by Justin Hancock*](#)
- [#MeToo and You: Everything You Need to Know about Consent, Boundaries, and More by Halley Bondy*](#)
- [Caprice by Coe Booth](#) (trigger warning: descriptions of childhood rape, story of a young teen girl who is trying to navigate adolescence while holding the secret of the abuse that her uncle subjected her to as a young child.)*
- [Maybe He Just Likes You by Barbara Dee*](#)
- [What Happened to Rachel Riley by Claire Swinarski*](#) (Middle school aged girl is sexually assaulted by peers (touching her butt and trying to force her to kiss), and then ousted by friends.)

High School:

- [A Quick & Easy Guide to Consent by Isabella Rotman*](#)
- [Welcome to Consent by Yumi Stynes and Dr. Melissa Kang](#)
- [Real Talk About Sex and Consent by Cheryl M. Bradshaw](#)
- [The Big Questions Book of Sex & Consent by Donna Freitas*](#)
- [What Does Consent Really Mean? By Peter Wallis*](#)
- [Girl Made of Stars by Ashley Herring Blake*](#)(A teen girl's brother is accused of raping his girlfriend. trigger warning: rape, teen drinking)
- [Send Pics by Lauren McLaughlin](#) (A teen girl is drugged and photographed at a party and her friends try to help her. trigger warning: rape, date rape drugs, teen drinking, sextortion, teen death, violence, racial profiling)
- [Speak by Laurie Halse Anderson*](#) (trigger warning: description of rape, and a physical assault/attempted rape. This is an excellent story, with a movie and graphic novel version to go with it. However, it was written in 1999, so there are a few references that are a bit dated.)
- [Speak the graphic novel*](#) (beautifully illustrated and more up to date companion to the original YA novel.)
- [Swagger by Carl Deuker](#) (High school boy moves to a new town and tries to make his way to college on his school basketball team. Trigger: sexual assault against male by

coach, teen death. Lots of basketball jargon in here, but would be perfect for a high school athlete.)

- Split by Swati Avashti (Teen boy escapes physically abusive household to brother's house where they try to move on together. Trigger: violent descriptions of physical abuse)
- Sparrow by Mary Cecelia Jackson (Teen girl begins an unhealthy dating relationship that ends in violence. She has to find her voice and move on after a brutal assault. Trigger: Physical violence and just a very intense story overall.)