

# TIPS TO KEEP KIDS SAFE ONLINE



## SET RULES:



CREATE SOCIAL MEDIA GROUND RULES THAT YOUR CHILD MUST FOLLOW. ENFORCE CONSEQUENCES FOR BREAKING RULES. KEEP SMART DEVICES IN A CENTRAL LOCATION AND NOT IN THE PRIVACY OF A BEDROOM.

## MONITOR USE:

SET TIME LIMITS FOR SOCIAL MEDIA AND ONLINE ACTIVITIES. LEARN ABOUT THE APPS, GAMES, AND SOCIAL MEDIA PLATFORMS YOUR CHILD IS USING. CHECK IN OFTEN.



## PASSWORDS:



KNOW YOUR CHILD'S PASSWORDS FOR THEIR PHONE, EMAIL, AND ALL SOCIAL MEDIA ACCOUNTS. "FRIEND" OR "FOLLOW" YOUR CHILD ON SOCIAL MEDIA.

CHILDREN'S ADVOCACY CENTER  
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[www.cachampshire.org](http://www.cachampshire.org)

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## DISCUSS DANGERS:

REMIND YOUR CHILD THAT EVERYONE IS A STRANGER ONLINE.

EXPLAIN THAT ONCE SOMETHING IS POSTED, SHARED, OR TEXTED YOU CAN'T GET IT BACK.

## PROTECT PRIVATE INFORMATION:

TEACH YOUR CHILD NOT TO GIVE OUT PERSONAL INFORMATION.

REVIEW PHOTOS YOUR CHILD WANTS TO POST TO ENSURE THEY'RE HARMLESS WITH NO IDENTIFIABLE LOCATIONS.



## LEAD BY EXAMPLE:

LIMIT YOUR TIME ON SOCIAL MEDIA.

KEEP YOUR TONE RESPECTFUL

BE CAREFUL WITH WHAT YOU SHARE ONLINE.

YOUR CHILD WILL FOLLOW YOUR EXAMPLE.



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